# Coronavirus Disease 2019 Fact Sheet

## What is Coronavirus Disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a new coronavirus that has not been seen previously in humans. It was first detected in China and has only been identified since December 2019. Patients with COVID-19 are being evaluated and cared for differently than patients with common coronavirus diagnosis.

## What are the symptoms?

Symptoms range from mild illness similar to a cold or flu to severe symptoms possibly requiring hospitalization. Some deaths have occurred in older adults with other health conditions. Symptoms can appear from 2 days to 2 weeks after exposure and include:





Shortness of breath



## How does it spread?

Details about COVID-2019 are still unfolding, but it is believed to spread these ways:

- Respiratory droplets from an infected person who coughs or sneezes
- Close contact (within 6 feet) or physical touch with an infected person
- Contact with infected surfaces or objects

#### Am I at risk?

The coronavirus disease 2019 situation is evolving rapidly and the determined risk may change daily. Continue to monitor updates within your community and areas you may visit. See the <u>CDC's travel guidelines</u> concerning any global locations where you may be planning to travel.

# How do I prevent myself from getting COVID-19?

These everyday actions can be used to prevent the spread of COVID-19:

- Wash hands often with soap and water for at least 20 seconds or use alcohol-based hand sanitizer.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Avoid being in close contact with people who are sick.
- If you are sick, stay home and avoid close contact with others.
- Cover your mouth and nose with a tissue when coughing or sneezing, then discard the tissue.
- Face masks should not be used for prevention. Only those that are infected should use them.

#### Is there treatment for COVID-19?

There are currently no vaccines to prevent COVID-19 infection or specific antiviral medications approved for treatment. If you are sick with COVID-19, stay home from work, school and public areas except to receive medical care. Do not use public transportation, ride-shares or taxi services. Isolate yourself from people and animals. Keep to one room away from people and use a separate bathroom if possible. Drink plenty of fluids, rest and take pain/fever medications. Severe symptoms require medical attention which may result in hospitalization.

Source: Center for Disease Control (CDC)